



Saint Croix Sailing School Wednesday Night Race Handbook

Test your sailing skills every other Wednesday evening starting June 12th, 2019. SCSS will host, and provide boats, for an evening small boat racing series. This series is open to any sailor who has taken past classes at SCSS or can pass a basic sailing skills test. This race series is all about improving your sailing skills in a fun, low pressure, race environment.

Never raced before? Don't let that hold you back. Our instructors will go over the basic rules of the race and starting sequence. The number one goal of this program is to give you the opportunity to improve your sailing skills in a structured, non competitive, environment.

The Boat:

Club 420

The club 420 is an Olympic class sailboat. This boat is also used in college and high school racing across the country. Club 420 can be used as a challenging race boat or a just learning beginner boat. This fast responsive boat can be sailed with jib and main and has the option of spinnaker and trapeze. To learn more about the club 420 visit <https://club420.org/>



Eligibility:

There are two ways to be eligible for the Wednesday night race series.

1. If you are new to the sport of sailing enroll in one of our Club 420 sailing classes. The first session is May 27th, 31st and June 6th, 7th. In this four day twelve hour course students will learn the basics of sailing a Club 420 sailboat.
2. If you have sailing experience you are welcome to schedule a basic sailing evaluation with one of our instructors. This evaluation is a pass/fail test of your sailing abilities. You can find the evaluation form at the end of this handbook.
3. The skipper (driver) of the boat is the person who needs to pass the eligibility requirements. Crew positions are open to any person who is in a boat with an eligible skipper. Crewing is a great way to be introduced to the sport of sailing.

Policies:

1. Personal Floatation Devices (PFD's) Type III must be properly secured and worn at all times when on or near the water. PFD's must be provided by members and be coast guard approved type III.
2. All participants s must be capable of swimming at least 75 yards.
3. No alcoholic beverages are allowed on SCSS boats. Use of alcohol before or during utilization of SCSS boats will not be tolerated and will result in a suspension of sailing privileges. Smoking is prohibited on the boats and in or around the boathouse.
4. Skippers must report ALL accidents, injuries and collisions to the lead instructor. Failure to report any incidents may result in suspension of privileges. Staff must complete an Incident Report for documentation purposes. If you are involved in ANY type of collision with a boat, wall or other obstruction, you must report it to the lead instructor – no matter how insignificant you believe it was.
5. SCSS reserves the right to cancel the evening race at any time if wind speeds or gusts exceed 18mph.
6. If a race canceled due to weather there will be a makeup race the following Wednesday. SCSS will make every effort to host six races throughout the summer.

Dates and Times:

The program will run every other Wednesday starting on June 12th. Those dates are:

June 12th and 26th

July 10th and 24th

August 7th and 21st

Participants are welcome to arrive and start setting up their boats at 5pm. The first race will begin at 6pm.

Fees:

Single races will be \$30 per boart (skipper and crew). You can purchase a series of six races for \$150 per boat(skipper and crew). These fees give you access to the boats, a skills evaluation, and on the water instruction. If you sign up for a beginner Adult Club 420 course this season the cost for the Wednesday night program will be \$50 per boat (skipper and crew).



Saint Croix Sailing School

Club 420 Sailing Skills Evaluation/Wind Rating

Name:

Current Wind Speed:

Evaluator Name:

Phase	Description	Pass	Partial	Failure
Rigging/General knowledge	Has correctly fitted PFD			
	Identify sails, rigged correctly			
	Demonstration of functional knots			
	Inspect boat to insure all lines and drain plugs in proper place/condition			
Departure	Wheels dolly through park with out hitting trees			
	Backs boat into the water down wind of any other boat pulled up to launch beach			
	Hoists sail, boat pointing into the wind			
	Exits safely to open water			
	Centerboard/rudder do not touch sand			
Sailing knowledge	Understand points of sail			
	Using tell tails			
	Right of way rules (sail vs. sail, sail vs. power, sail vs. human power)			
	Nomenclature			
Sailing skills and boat handling	Tacking			
	Gybing			
	Person overboard			
	Heading up/bearing away			
	Capsize recovery			
	Safety position (head to wind/heave to)			
	Boat handling			
	Confidence			
Returning and De-rig	Have a plan			
	When possible beach downwind of powerboats			
	Use J turn method to stop boat before hitting sand			
	Exit boat holding shroud to keep boat into wind			
	De-rig boat correctly			
	Leave boat in orderly clean condition			